



September 5th 2023

Dear Parent/Guardian,

As part of our school's response to the growing concerns regarding Internet Safety and Cyberbullying, we are delighted to announce that we have Jeremy Pagden coming to our school on September 13th. Jeremy travels all over the country, delivering talks to parents on these topics. He will meet with children from 1st class to 6th class. He will present an hour long session to classes, as outlined below. He will also provide a full staff training session that evening. **Parents are urged to attend his parent training session in school at 7pm on the evening of the 13th of September in St Oliver's school.** This session is providing parents with a perfect opportunity to learn about how to keep your child safe while online and how to support them to navigate the cyber world safely. **Parents of children from Junior Infants to 6th class are invited to attend.**

Some of the main topics covered during the parents session are as follows:

- Legislation and the implications around Cyberbullying for you and your child
- Apps to avoid and how Apps can be designed for malicious purposes.
- Gaming and Internet addiction
- The consequences to publishing, posting, sending and uploading inappropriate content
- The dangers of inappropriate texting & the legal ramifications of using Social Media inappropriately.
- Technology solutions, tips and advice that can be used to manage our children's online activities.
- The value of 'old fashioned' parenting techniques.

Topics covered in the children's workshops:

The topics that are covered in the 1st & 2nd class sessions are as follows:

- How to wear a seatbelt while using the Internet
- Apps and games children are playing
- Superheroes - who are they (Mum, Dad & Guardians)
- Cyberbullying (how to stop, dock, block & tell)
- Reporting stuff to your Superheros
- Fake accounts & tricky apps
- Make your accounts private
- The granny rule and the T-shirt rule
- Making good decisions